

# Snowfall Lodge Information Package

This information package contains important detailed information regarding the Snowfall Lodge trip. Please ensure you have read and understood the document, especially regarding packing instructions, booking and cancelation policies, and staging times/meeting locations. Please note the meeting times and dates. If you have any questions not answered in this document please contact us at info@kootenaybackcountryquides.com

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## **DATES: Meeting Times & Locations**

- March 23rd-30th, 2024
  - March 23rd, 2024:
    - 7:00 AM (PST): We meet in Nakusp in the parking lot of <u>Save On Foods</u>. For those that are staying in Halycon Hot Springs, we will meet you at 8:00 AM (PST)
    - 9:00 AM (PST): Arrive at staging in <u>Beaton</u> (South of Revelstoke directions in Snowfall Lodge Info Package)
    - \*\*\*It is possible to stay in Revelstoke and meet us at the staging area in Beaton if that works best for you. Please note that you need to take a ferry. The ferry leaves every hour on the hour. You need to make sure you make the 7am Ferry to be able to meet us. It takes 45min to get to the ferry in poor weather from Revelstoke.
  - March 30th, 2024 Depart from Snowfall Lodge
- Weather permitting, occasionally flights are delayed due to poor weather conditions for as much as a day or two; please plan accordingly

## GETTING TO STAGING REVELSTOKE

- Closest reliable small international airport: Kelowna 4 hours to Beaton
- Closest major international airport: Vancouver YVR
- Please see the Snowfall Lodge Information Package for the staging area directions. Please note there is no cell service.

### PAYMENT

- Trip Cost: \$3780 +tax (\*price may increase)
- **Deposit:** 50% due at the time of booking
- Final Payment Due: November 1st, 2023

#### **Cancelations & Refunds:**

Please ensure you have and read our <u>cancellation policy</u>, especially section 7:

#### 7 Guest Cancellation.

If you wish to cancel your booking, you must notify us in writing by email to info@kootenaybackcountryguides.com. Your cancellation is only effective when we confirm the cancellation in writing to you.

A. Lodge Trips, Traverses, Basecamps, and Lodge Based Avalanche Safety Training

- 1. If you cancel your spot on a lodge/traverse/basecamp trip you must notify Kootenay Backcountry Guides in writing. If past the deposit date you will not be refunded and will forfeit the deposit/spot.
- 2. Lifestyle Financial and Capri CMW offers excellent <u>trip cancellation insurance</u> that covers a wide variety of cancellation reasons. In light of this, we do not offer

refunds or credits for any Guided Tours or Lodge Based AST courses. Please see section 8.

- 3. If you cancel your booking, you cannot replace yourself with someone else. Kootenay Backcountry Guides will then be responsible for sourcing a replacement for your trip, as we need to ensure group compatibility (experience, ski/ride skills, fitness levels, ect). Kootenay Backcountry Guides reserves the right to re-sell your spot.
- 4. If you have a suitable replacement for yourself (or group member) you must notify Kootenay Backcountry Guides so we can ensure they are a good fit. This requires a \$150 admin fee per person.

#### Trip Cancellation Insurance:

We understand that life happens that might impact your ability to join on the trip. Trip Cancellation Insurance is the safest and most reliable way to get your money back in case the unexpected happens. You may use any insurance company of your choice or you can use our preferred provider: <u>Sunlife Financial</u>

#### Included In The Cost Of The Trip:

- Guiding services
- Pre-trip support
- Trip Planning
- All meals while at the lodge (we do our best to cater to everyone's taste). If extreme dietary needs are requested, additional costs might be required, please reach out if you have any questions regarding if your diet will incur extra costs.

### Not Included In The Cost:

- Gratuities for staff (including cooks, guides, and custodians).
- All equipment is listed in the equipment list.
- Travel/Accomodation to and from Revelstoke

# HEALTH & SAFETY POLICIES:

This trip is run at Snowfall Lodge. We are subject to their health and safety policies regarding COVID-19. Please see their policies <u>here</u>. We will also be following our own <u>policies</u>.

We will be following all public health recommendations and best practices regarding your health for this trip. After four years of safely managing the pandemic, the team at KBG is confident we will be able to run this trip safely.

Booking Policies: Please see our policies here.

# PACKING & EQUIPMENT LIST

Having the proper equipment and packing list will allow you to have the best time on this trip. Please follow this list to ensure you have the proper equipment and extras for the lodge.

### Your preferred methods of travel:

**Alpine Touring Bindings:** These are downhill skis with a touring binding. Bindings come in a couple of styles:

- 1. Tech bindings. This binding has pins that connect with holes in the toe of your boots. You need to have Tech Toe boots for these bindings to work. See this image for an idea of what we are describing. If you want a lightweight tech binding, the <u>Dynafit Radical</u> is a great example. The <u>Marker KingPin</u> is another choice that combines a regular releasable heel with a tech-style toe piece. There are many options available for different tech bindings and boot combinations. One challenge with tech bindings is that they do not adhere to the DIN system and can be hard to operate. The <u>Solomon Shift</u> binding has tried to deal with the DIN issue by making a regular binding that turns into a tech binding for the climb. There will be more options coming on the market that do the same.
- 2. Frame Bindings. This is where there is a regular toe and heel piece but the heel can unlock. See this image for details. Frame bindings are heavy, they walk awkwardly, thus reducing your efficiency in the mountains; they are also NOT stronger than tech bindings and often break. These bindings are designed for very short tours of less than 45min in duration. We have seen many people unable to finish their days because they have heavy bindings. We strongly recommend that you show up with Tech Toe bindings.

**Telemark skis:** These are becoming less and less popular as the world of alpine ski touring grows as equipment has changed with innovation. This system can be challenging. Releasable bindings are highly recommended as this is a significant safety advantage.

**Splitboarding:** This is the most effective and lightweight way to snowboard in the backcountry. As technology has improved over the last 5 years split-boarding has been the go-to for all snowboarders in the backcountry. You need to purchase splitboard bindings. The <u>Spark Binding</u> set up or the <u>Burton Hitchhiker</u> is the most popular. Check out <u>Tribute Board Shop</u> in Nelson for your splitboarding needs. More and more people are moving towards hard boots and tech bindings for splitboarding. Check out the <u>Phantom</u> setup for more info.

**Boots:** Those who choose Alpine Touring will want Alpine Touring Boots with Vibram Soles. Please ensure that if you have a tech binding, you buy boots with a tech toe. See the (Alpine Touring skis/bindings section for details). Alpine Touring Boots are designed for walking and skiing. They have a walk mode that allows your ankle to flex and a rockered sole for easy walking. Downhill Alpine boots are not recommended, even ones with a walk mode, these boots are significantly heavier and less comfortable than an Alpine Touring boot. We have seen many people unable to finish their days because they bring heavy boots. **Splitboarding Boots:** Pretty much all snowboarding boots work with Splitboard bindings. Make sure you get boots that are designed for long walks. If you want a hard boot setup go to the <u>Phantom</u> page to find out what boots they recommend.

**Backpack:** Having a properly fitting backpack is crucial to having a comfortable day in the backcountry. We recommend a pack between 30 and 45L. The best packs have compartments for your avalanche safety gear. Please ensure your pack has attachments to carry your skis or snowboard in the event that we boot pack to a summit. Having a helmet holder is also essential.

**Skins:** Choose a skin that is appropriate for your skis or splitboard. Make sure to follow the instructions carefully when setting them up.

### Avalanche Safety Gear:

**Transceivers:** You need a modern triple antenna digital transceiver; we do not allow analog or dual antenna transceivers on our trips or courses.

Here is an example of an old dual antenna transceiver and an analog transceiver: Both are not allowed on our trips to our courses.



All new modern triple antenna transceivers are considered good. Select one that you think fits your needs. You should be very suspicious of purchasing transceivers on Facebook Marketplace or from other used gear sources. You do not know how that transceiver has been treated or how old it is.

See this video for an overview of what to look for in transceivers.

If you are looking for a good site to check out all the different transceivers and what features are available. Go to <a href="https://beaconreviews.com/">https://beaconreviews.com/</a>

Please note that if you have a Pieps DSP Sport or Pro, these transceivers have issues with their lock buttons. Please take them to your local gear shop to get them checked out.

#### What model is your beacon?

Your beacon should have the model name printed somewhere on the body. Below are examples of the most common PIEPS and Black Diamond Equipment beacon models on the market today:



**Shovel:** Shops offer a wide range of excellent shovels. Do not buy plastic or super lightweight shovels. Check out <u>this video</u> for what to look for in a shovel.

**Probe:** Make sure you are buying a high-quality probe that is easy to put together. See this video for what to look for in a probe.

All new models have a quick snap to lock the probe in place, we do not recommend screw-in tops for avalanche probes. BCA makes great probes at a reasonable price. We recommend that your probe is 300cm or longer. We do not accept probes shorter than 240cm.

### Crevasse Rescue Equipment

- \*\*\*Climbing harness for glacier travel (These are lightweight and prioritize movement over comfort)
- \*\*\*2 locking carabiners. One should be a triple-action auto-locking.
- \*\*\*2 non-locking carabiners
- \*\*\*Prusik Cord. One, five-meter length of 5mm, prusik cord. Similar to this product.
- \*\*\*120cm Dyneema Sling
- The following are optional but recommended if you plan to make future glacier trips.
  - Petzl Micro Traxion Pulley
  - Petzl Tibloc

\*\*\*Can be rented off of KBG for \$50 for the week.

# Transceivers, Shovels, and Probes can be rented from KBG all prices are for the whole trip.

- Shovel (\$35), Probe (\$35), Transceiver (\$100)
- You can rent the whole package off us for \$125 for the whole week.

**Airbag Packs:** Avalanche airbags are not mandatory on our courses or trips. European studies show they significantly reduce your chances of being buried in an avalanche. There

are many different makes and models to choose from, and they range from \$700 to \$1800. These can be rented from <u>Roam Shop</u> in Nelson B.C.

Kootenay Backcountry Guides has a 45L BCA airbag pack available to rent for the week. The total cost for rental for the week is \$200. Roam rents their pack for \$50 per day.

#### \*\*\* Please ensure all the above equipment is modern and in good working order. It is not a good idea to try out brand-new boots on this trip as you might end up with blisters from uncomfortable boots that make it difficult to complete the tours. \*\*\*

### Outerwear:

- High-quality waterproof breathable shell and pants. We recommend a 3-ply gore-tex-like jacket and pants. Softshell pants are highly recommended as well.
- Warm toque.
- A touring hat. (Preferably a KBG touring hat!)
- Ski boots or snowboard boots.
- Helmet, which should be lightweight for carrying
- 2 pairs of water-resistant gloves or mitts
- High-quality ski or snowboard socks, one for each day.
- Long underwear top and bottom, we recommend changing out every two days. This will require 3-4 pairs.
- A warm, Puffy, Thinsulate or down jacket
- Lightweight thin insulate jacket for touring, <u>Arc Teryx Atom jacket</u> is a perfect example of this.
- Goggles and sunglasses. (bring spares of each) it would suck to have your goggles damaged or fogged beyond repair on a deep powder day.
- Sunscreen
- Optional. A high-quality camera
- Phone for pictures
- Ski Crampons. Please purchase the correct crampons for your bindings!
  - Example of ski crampons
  - Example of <u>splitboard crampons</u>.
- A lightweight headlamp in your pack for emergency use.

### Lodge Gear:

Packed away in a lightweight waterproof duffle bag

- Toiletries, toothbrushes, toothpaste.
- Extra socks, long underwear, a couple of changes for the week.
- Hut booties or sandals with non-marking soles for the lodge, deck, and trip to the sauna
- Comfortable clothes for wearing in the hut
- Swimsuit for the sauna
- Books for reading in the evening

- Tablet or Smart Phone for using navigation apps like Gia and Google Earth
- Chargers for your electronic devices
- A thermos for bringing hot liquids for the day
- (Prescription medicine, extra contact lenses, prescription glasses, etc.)
- Health/Travel insurance documents/numbers (For people out of province)
- Zip-lock bag for wallet and other documents to keep them dry (recommended)
- Extra batteries for your transceiver and headlamp
- A couple of 1-2 liter water bottles.
- Any alcohol you wish to bring. (no glass)

\*\*\* Make sure you pack so that you do not have equipment left in your vehicles at the staging area. Vehicles have been broken into while guests were at lodges.

# SNOWFALL LODGE INFORMATION For Self Guided Groups

Welcome to Snowfall Lodge. Below is some information to help you plan your trip. Follow Icefall Lodge on Facebook <u>https://www.facebook.com/</u> Icefall-Lodge-146659848712974 and Instagram #icefalllodge #snowfalllodge.

# **Important Contacts:**

Logistics and Staging: Tom Honey 250-317-6407 Tom@honey.me.uk

Catering: Natelle Fitzgerald natfitzgerald@hotmail.com

Emergency Contact: info@icefall.ca

Owner/Operator: Larry Dolecki 403-678-7027

For the group organizer, please ensure that everybody in the groups gets this information. If it is a catered trip, please let the cook know **as soon as possible** if there are any **allergies** or foods that people can't eat. Email directly to Natelle <u>natfitzgerald@hotmail.com</u> There may be an extra charge to accommodate some dietary restrictions and some diets cannot be accommodated. Please bring a **lunch** for the first day.

For the **Saturday exchange day**, we will meet the Icefall Staging area in **Beaton** at **9 am**. This is PST .Please be ready to go, if you need extra time to sort gear, arrive earlier.

The **Staging Area** is in Beaton, directions below. Tom or Stephanie will be coordinating the logistics at staging. Please follow their directions. If you need to get ahold of them before exchange day Tom: 250-317-6407 Natelle 778-765-4886. Note there is no cell coverage at the staging area in Beaton.

It is recommended that you stay somewhere nearby the night before, either Revelstoke or Nakusp. If staying in Revelstoke you can make it to the staging in Beaton if you catch the 8 am ferry. It is normally enough time if you leave Revelstoke at 7:20 (from the Trans Canada Highway). There is a small basic cabin at the staging that up to 8 guests can stay at the night before. The coast is \$50/ person.

The flight into Snowfall will normally be with an A-Star which seats up to 5 people and has a ski basket and rear cargo compartment. The first flight with food and 1 staff will leave from the hangar all subsequent flights will leave from staging.

Pack light and avoid bulky items such as sleeping bags or coolers. For beer it is preferable to pack cans (which can be crushed for the flight out) instead of bottles. **Do not bring large packs or duffle** bags as these are difficult to pack in the helicopter. Do not bring hard suitcases or rolling duffle bags with a hard back.

Your **personal gear** should fit in 2 small packs (30-40 liters each). Your total weight for personal gear cannot exceed **55 pounds** including drinks and skis. This weight limit is **strictly enforced**. Do not show up at staging with more and expect to fly it in. Drinks are particularly heavy.

Another issue is **bulk**; there is a limited amount of space in the helicopter. For food, banana, apple or small boxes seem to work well for packing in the helicopter. We have noticed a lot of half full food boxes being flown in. This may be more convenient for organizing, but it quickly fills up the helicopter. Make sure food boxes are packed full, even if it means mixing the lunch with dinner food.

If an **extra flight** is required from Revelstoke due late arrival, injury, somebody needing to get out midway through the week, or any other reason the cost will be about \$1500.

In the event of **bad weather**, the helicopter may not be able to do the exchange on the scheduled day. In this case the exchange will happen on the following day. There is also a very small chance that the exchange will not be possible for 2 days. Groups should make travel plans accordingly. In the event that you are not able to fly in on the scheduled day, you will be responsible for your own food and lodging in town. If you are at the lodge and the exchange is not possible, there will be no extra charge.

Although the pilot will remind you in the safety briefing, please make sure that all loose items are secured when the helicopter lands.

All guests are required to sign a "release of liability and **waiver** of claims agreement" prior to departure from the Lodge. Please read the release of liability and waiver of claims agreement before signing. By signing the release agreement, you will waive certain legal rights, including the right to sue should you become involved in an accident. This waiver will be at staging for you to sign. You should read it but do not need to sign it before arriving.

# Lodge Life

For most self guided weeks this winter there will be a **custodian**. He is there to make sure that systems are running smoothly and that the lodge is taken care of properly. He is not there to do chores for you, but rather to direct you as to what needs to be done. Self guided groups are responsible for chores around the lodge. Most of what needs to be done will be outlined here. The group will be responsible for feeding him all meals. He will probably want to go skiing with the group, but will not be acting as a guide or giving advice on what is safe to ski. Self guide groups are still responsible for making their own decisions regarding safety.

Snowfall Lodge can comfortably accommodate **17 people in 9 bedrooms**. 8 of the rooms have 2 twin beds and 1 room has a double bed. **Bedding:** There will be duvets, pillows, sheets, pillow cases and duvet covers provided. Please take off the duvet covers, sheets and pillow cases at the end of the week. Please fold these up and put them in the dirty laundry bag, they will be flown out. There are mattress covers which should stay on the beds. Please don't bring up sleeping bags as this is unnecessary bulk and weight in the helicopter.

The lodge now has **hut shoes**, so that you don't have to take up extra shoes, just your ski boots. There are also about 5 pair of **Sorels** and 6 pair rubber boots of various sizes for walking between buildings. Also up at the lodge are speakers and yoga mats.

Please try to **conserve** while at the lodge. Firewood, propane, electricity and water are all difficult to get to the lodge. All supplies have to be flown up by helicopter. Careless use can easily make us run short during the winter.

## Sauna

There is a separate **sauna** building. It has a wood stove, attached change room, **shower** and deck. Heat the water in the large pots and use the watering can for showers. The watering can is suspended above the shower with a rope and tied off to the cleat on the side. -Don't build the fire too big or too hot, it is possible to burn down the sauna.

-Use small pieces of wood and start the fire near the back.

-Conserve firewood; don't light the sauna until 30 minutes before you intend to use it. It heats up quickly.
-Use the damper on the front of the stove to control the heat

-Don't leave the sauna unattended with the damper fully open.

-Don't chop firewood inside. You will break the tiles, use the chopping block outside.

-For showering; use hot water from the pot on the stove and mix this with cold water from the garbage pail in the change room to get the right temperature.

-Don't leave the watering can or garbage pail near the stove. They are plastic and will melt.

-After showering, put more water in the stove for the next person.

-If there is nobody in the sauna when you are done turn the damper down before you leave.

-Please conserve water

There is a **drying room** in the lodge with a propane heater. This will be lit after skiing and will stay on for several hours in the evening. Please put your gear in the room after skiing and then leave the door closed to allow the room to heat up. Do not place anything directly on the heater, and be careful that things hanging above the heater are not too close and a **fire hazard**. There is also a boot rack in the drying room that blows air through the boots. It normally only takes a couple of hours to dry gear.

The **water supply** is from the same creek just beside the lodge. There a 2 buckets with lids and a yoke to carry water. Make every effort to keep the water clean as this is your drinking water. When you get to the lodge, dump the water in the garbage pail in the kitchen.

There is now a **gravity feed** water system. If all goes well and this doesn't freeze up there will be no more hauling water. The custodian will look after operating this.

There is a large **pot** which is placed on the **wood stove** downstairs. Please keep water in this pot and use this water for dishes. This water can also be used for cooking and thermoses. To check the temperature of

the water, feel the side of the pot instead of sticking your finger in it. When you use water from this pot, please replace it. Water can also be used to fill up the large kitchen thermoses. If these are filled the night before, it can save you a lot of time getting water boiled in the morning. There is also a stainless steel dipper for this pot. You can greatly reduce the amount of propane used on the stove by getting warm water from the wood stove whenever possible.

The lodges are heated by **wood stoves**. Please try to conserve firewood as there is not an unlimited supply and it is a big effort to get it to the lodge. **Don't leave doors open**. Let the fire go out overnight, the building holds its heat well. In the morning you can light a fire but please don't stoke up the fire before leaving to go skiing for the day. Turn the damper on the fire down before going to bed, when out skiing or when the lodge is hot enough. The stoves will need to be cleaned once a week. Ashes can be placed in the metal pale and dumped down the outhouse hole.

**Propane tanks** will occasionally need to be changed. These are located under the front of the lodge. Make sure the tanks are empty before you change them and make sure empty propane tanks get flown out. The **kitchen** is fully equipped with cooking and eating utensils. For coffee, there is a drip/ filter system. There is also a large percolator style coffee pot. Towels for drying dishes are not supplied, I usually let them air dry. There is no electric refrigerator at the lodge. Food can be kept cool in a cupboard that is vented to the outside. There is also a large cooler up at the lodge, do not bring a cooler up. There is also room under the benches downstairs that stays cool. There is now a BBQ at the lodge on the upper deck. Please keep this clean as it can attract animals. Please do not put the BBQ next to the window when using it, the heat can melt the plastic on the window. Turn off the propane tank when it is not in use.

The oven on the stove is propane and has a manual thermostat. This provides a more variable baking temperature than you are used to at home. For baking, it is best to have a thermometer in the oven and check this occasionally.

The **dishwashing** system is soap in one pan, a rinse and a bleach rinse in another. It is most sanitary to let dishes air dry. There is a strainer under the sink to catch food particles. Please make sure this is empty before pouring dish water down. If it is clogged up, it will overflow and spill out under the sink. Also please pour the dishwater slowly down the drain. The strainer can be emptied into the garbage or burned. You can keep the dishwater clean by using a spatula to clean the plates before washing. This will greatly reduce the amount of water you need to use.

**Garbage** should be packed out or burned, please don't put any garbage in the outhouse as it will attract animals. It is best to put garbage bags in the empty cardboard boxed that you packed the food in. Don't let the garbage bags get too full. Don't leave garbage, or any food outside as it will attract animals. There is room in the back door to the kitchen to store boxes with garbage. This will keep them cold. Don't forget them at the end of the week.

There is an indoor **pee toilet** upstairs. This has a 1 1/4 inch drain pipe and is for urine only. Any shit, toilet paper, vomit, etc and it will be out of order for the season. Also if it freezes up, which sometimes happens, don't use it anymore. There is a water jug with a cap full of bleach in the washroom. After you use the toilet, pour a bit of water to rinse. Place a paper bag in the pee toilet for toilet paper, this can later be burned. Please don't put any garbage other than ashes from the fire in the outhouse. There are flags on the side of the outhouses; when they are down in the horizontal position, it is occupied. Please use hand sanitizer after going to the outhouse. It is OK to pee at a tree closer to the lodge. Establish one pee tree, use the same hole, and shovel it in at the end of the week.

The lodge has a spare pair of skis that can be rented for \$30/day if needed. If you have specialized equipment or really big or small boots, it is recommended that you bring spare skis and bindings.

# Communication

There is **satellite internet** at the lodge but there is no wireless. The satellite could not keep up with the demands from the many devices that people have and automatic uploads. We need to keep our available data for emergency communication. Anybody needing other arrangements, please contact Icefall ahead of time.

Snowfall Lodge has a **radio** repeater and frequency; 162.885 Rx, 167.895 Tx, narrow band, Tx tone 100.00. The custodian will have a radio which can be used to communicate with the helicopter on fly days. There is also a base station radio at the lodge. This has the Icefall frequency as well as several other frequencies that can be used in an emergency. It is also recommended that self guided groups bring some sort of emergency satellite communication such as an InReach.

It is recommended that groups bring their own radios to communicate with each other while skiing if the group splits up, or in case of an emergency. Please note, communication with the outside world is not 100% reliable. Radios can be rented at High Country Communication (highcc@telus.net, phone 250 344 2504) or from Icefall Lodge, \$40/ week.

Icefall Lodge is locating in the Selkirk Mountains 40 km SE of Revelstoke. Map 82K13 Cambourne

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Lodge site 50 58' 28.3" N 117 33' 14.2" W
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Staging 50 46' 22.6" N 117 40' 36.0 W.
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There are pictures of some of the terrain on the Icefall website.

General **avalanche information** can be found on the Canadian Avalanche Centre web page. The South Columbia forecast is usually the most accurate for the Snowfall area.

All skiers should carry **avalanche safety equipment** including shovel, probe and avalanche transceiver. Most importantly people should be practiced in there use. All skiers should be able to evaluate terrain, snow conditions and make decisions regarding their own safety.

There are large **glaciers and icefields** that are accessible from the lodge. Groups should have harnesses, ropes, rescue equipment, and the knowledge of how to use them. There are two 30m half ropes at the lodge which groups can use. Again people should have the knowledge to evaluate their own safety if venturing onto the glacier. A full discussion of all the mountain hazards is beyond the scope of this information letter. If people are uncertain if they have the skills to travel safely, it is recommended that they hire an ACMG ski guide or IFMGA mountain guide.

As advertised, Snowfal Lodge is **remote** and far from any other backcountry skiers, heliskiers, or anybody period. In an **emergency**, help from outside will not be readily available. Groups must be prepared for self rescue for any accident. Outside help may be prevented from reaching the lodge due to a number of circumstances including; poor communication, poor flying weather, or darkness. Snowfall Lodge is more remote and isolated than most other backcountry lodges that people are accustomed to visiting. Self guided groups should plan trips and take risks accordingly.

# Gear Rental:

If For gear rental check out Revelstoke Powder Rentals https://www.revelstokepowderrentals.com/

Also Higher Ground Sports in Golden rents backcountry ski equipment. They're located at 501 9th Ave North in Golden. Website: <u>www.highergroundsports.ca</u>. Phone:

# **Group Gear**

Try to pack food in banana or apple boxes as these tend to pack well in the helicopter.

-hand sanitizer

-paper towels

-garbage bags

-radios

-crevasse rescue gear, there are 2 30 mropes at the

lodge that groups can use

-first aid kit (there is a fiberglass rescue toboggan at the lodge) as well as a vacuum mattress.

# **Personal Gear**

All personal gear must weigh less than 55 pounds. This includes clothing, drinks and skis. This gear must fit into 2 small packs (40 liters or less). Avoid bulky items (don't bring a sleeping bag, duvets are provided). Please **no large duffle bags**, coolers or hard suitcases.

Skis

Skins

Poles

Boots, make sure they don't give you blisters Probe

Shovel

Probe Pole Avalanche transceiver

Snow jacket and pants Layered clothing for the day skiing Camera Water bottle Googles Sunglasses Suncream/ lip cream Sun Hat Warm Hat Gloves

Headlamp Toilet kit Towel Hut clothes Drinks- cans only please Day Pack

## **Provided** at the Lodge

-Hut shoes

-Hut boots

-yoga mats

-speakers

-bleach, and dish soap

-propane

-firewood

-duvets, pillows and mattresses

-all cooking and eating utensils

-toilet paper

-6 burner propane stove with oven

## Some hints for keeping your weight down:

Empty your water bottle.

Wear your ski boots and don't bring boots or shoes, these are provided.

Wear your ski clothes and helmet in the helicopter

Do not bring too much extra clothing. The drying room at the lodge works well and will dry equipment overnight.

Do not bring a laptop, there is a computer at the lodge that you can use.

## Rules

-No food, garbage of any kind to be left outside or in the outhouse, it attracts animals -Urine only in the Pee toilet; no toilet paper, shit, vomit or anything else -No candles, lantern or open flames, please use headlamps
-No smoking inside the building
-Keep drinking water clean
-No chopping wood inside, especially on sauna tiles or slate, it will crack them -Strain greywater (under the sink) and burn or put food particles in the garbage
-Drain dishwater slowly into the sink, otherwise it will overflow

-Leave the hut clean
-Fly out all your garbage, recycling, left over perishables and cardboard boxes
-Please try to conserve water and electricity

# **Hut Cleaning**

The lodge will need **cleaned** at the end of the week. You are responsible for cleaning the lodge for the following group. Please leave the lodge as clean as, or cleaner than you found it. The custodian will direct you as to what needs to be done, but you will be responsible for the cleaning. Some of the chores that will need to be done include.

-clean kitchen, wipe down counters, shelves, sink and clean the strainer and cupboard under the sink.-clean stove, including stove top, oven and broiler.

-Clean the BBQ including the grease pan underneath.
This can catch on fire if too much grease accumulates.
-clear out extra food. Don't leave your extra food behind.

-clean, wipe down pee toilet with bleach, burn toilet paper. Make sure the jugs with bleach water are refilled (one cap full of bleach, the rest water).

-chop wood and restock wood supply. Chop kindling.
-burn extra cardboard boxes and clean ashes out of both stoves. Clean glass on stove

-ashes from the stove can be dumped in the outhouse (nothing else please)

-clean sauna; sweep floor, mop and then wipe down benches with bleach water

-clean outhouses; shovel out any snow and wipe down seat and bench with bleach water -shovel in the pee hole

-clean water buckets with bleach water. At some point during the week, the big water pails should also be emptied and cleaned.

-wipe down table and window sills with bleach water.
-wipe down door knob, handles, water dippers and anything else that people are touching with bleach water.

-sweep lodge and mop floors

-if there is not another group coming in, make sure the propane tank (behind the lodge) is turned off -take off the duvets covers, pillow covers and sheets, unless otherwise instructed. Fold these (they take up less room this way) and put them in the outgoing laundry bag. Leave the mattress covers on the beds. -take out all garbage.

-make a note of anything missing, lacking or broken-bring out empty propane tanks and gerry cans

# **Getting to Beaton:**

You will need to have a car to get to Beaton, there is no public transportation available.

## **Beaton Staging Directions From Revelstoke:**

Drive south on Hwy 23 to the Shelter Bay Ferry. Give yourself at least 45 minutes in snowy conditions. The ferry runs every hour,

on the hour and is free. The ferry ride is 25 minutes. About 2 minutes after disembarking from the ferry at Galena Bay turn left at the Hwy 31 Junction to Trout Lake.

Approximately 17 kilometres later the highway turns to gravel and has a signed fork. Take the left fork marked

Beaton.

Descend the 5km long Beaton Hill. Use caution on this section, it is often icy and slippery. At the base of the hill, just before a big

logging crane, turn right onto the Cambourne Road. Look for a stop sign, then a radio channel sign marking the road.

Drive 7km along the Cambourne Road to where it is no longer plowed and the road is gated. The plowed turnaround is the heli staging area where you can deposit your gear.

Please park your vehicle on the road beside the tan/cedar cabin or grey seacan located on the NW side of the road (left side as you first drive up), about 100 metres before the turnaround.

## From Nelson:

Take Hwy 6 North via Slocan Valley and Nakusp towards the Galena Bay Ferry. About 3 hours driving time.

Just before the ferry terminal is a junction with Hwy 31. Turn right at the junction, heading for Trout Lake.

Approximately 17 kilometres later the highway turns to gravel and has a signed fork. Take the left fork marked Beaton.

Descend the 5km long Beaton Hill. Use caution on this section, it is of- ten icy and slippery.

At the base of the hill, just before a big logging crane, turn right onto the Cambourne Road. Look for a stop sign, then a radio channel sign marking the road.

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